SPINACH CHEESE DELIGHT 1-10oz. pkg. fr. ch. spinach 1/4 c. ins. ch. onions 2 T. margarine

1/4 c. sour cream dash pepper dash nutmeg Cook spinach following directions on package; drain thoroughly.

1 c. gr. Swiss cheese

Slowly saute onions in butter until lightly browned. Combine drained spinach and sauteed onions with the remaining ingredien mix well. Spoon into a small buttered casserole or baking dish.

Cover, using foil if necessary, and bake at 350* for 30 minutes. Serves 3 or 4.