Southwestern kisono (pictured above)

- 2 tablespoons vegetable Oil
- 1 small onion, chopped
- 1 CUP UNCLE BEN'S® CONVERTED® Brand Rice
- 1 can (10% ounces) Campbell's® Chicken Broth
- 1 cup water

- 1 cup whole kernel yellow corn
- 1/4 teaspoon pepper % cup thinly sliced green
- onions % cup red bell pepper
- strips (about 1" long) 1/2 cup grated Parmesan
- cheese

In 2-quart saucepan, heat oil over medium heat. Add onion and rice; cook, stirring about 3 minutes. Stir in broth, water, corn and pepper. Bring to a boil. Reduce heat to low. Cover, and simmer 20 minutes. Stir in onions and red pepper. Remove from heat, cover and let stand until all liquid is absorbed, about 5 minutes. Stir in cheese. Makes 6 servings. Recipe may be doubled.

Champagne Mushroom Risotto

- 3 tablespoons butter or margarine
- 1 cup UNCLE BEN'S* CONVERTED® Brand Rice
- 2/3 cup chopped onion
- 13/4 cups water
 - 3/4 cup brut champagne or dry white wine
 - 1 can (103/4 ounces) cream of mushroom SOUD

- 1/4 teaspoon freshly ground pepper 1/8 teaspoon ground nutmeg
- 1/8 teaspoon ground red pepper (optional)
- 1 cup red bell pepper julienne strips Finely chopped parsley, as

desired Parmesan cheese (optional)

Melt butter in medium saucepan. Add rice and onion. Cook over medium heat, stirring frequently, 3 to 4 minutes, or until onion is tender. Add water and champagne. Bring to a boil. Reduce heat, cover and simmer 20 minutes. Stir in cream of mushroom soup, pepper, nutmeg and, if desired, ground red pepper. Cook and stir 5 minutes, or until creamy and heated through. Stir in red bell pepper and parsley. Sprinkle with cheese, if desired. Makes 6 servings.