Asian Steak Pasta Salad Serves 2 Combine 1 tsp sesame oil, 1 clove minced garlic and 1 Tbsp teriyaki sauce in bowl. Cover 6 oz top sirloin steak with half the mixture and marinate for 20 minutes. Reserve the other half of mixture as dressing. Meanwhile, cook 3/4 c dry macaroni according to package directions. Drain and place in a large bowl. Combine 2 c broccoli florets, 1 c thinly sliced carrots, 1 sliced red pepper, 1 c sugar snap peas in a microwave-safe dish. Add 2 Tbsp water and cover. Microwave on HIGH for 4 to 5 minutes. Combine the vegetables with the pasta. Dress with the remaining teriyaki mixture. Broil steak until an internal temperature of 150 degrees is reached. Let stand 5 minutes: carve into thin strips. Place over pasta salad.