Dear Readers: I swore I would never do this again, but the pressure has been too much. I am caving in to popular demand.

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In 1959, I printed my Omaha, Neb., sister Helen's recipe for meatloaf. Since that time, I have received thousands of requests from readers worldwide who heard about the recipe and others who had lost theirs.

Actually, I should not be so apologetic. A whole new generation has been born since that recipe

first appeared. Here it is again. Enjoy!

SISTER HELEN'S MEATLOAF

2 pounds ground round steak 2 eggs

1½ cups bread crumbs

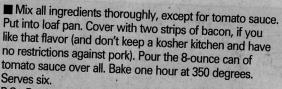
¾ cup ketchup

1 tsp. Accent

½ cup warm water

1 pkg. Lipton's onion soup mix

8-ounce can tomato sauce



P.S.: Don't count on leftovers for lunch the next day. There won't be any.

Dear Ann Landers: We have known for a long time that beauty and brains do not always come

