

 $goodfood \equiv$

5 ideas for/cornflakes

They're the little black dress of the pantry, fit for any occasion. We've dressed this irresistibly crunchy staple up and down, from elegant desserts to simple suppers. Open a box and give one a whirl.

HONEY-MUSTARD CHICKEN FINGERS Preheat oven to 450°F.
Place wire rack in Ig. jelly-roll pan. In pie plate, crush 3 c. cornflakes with 1 Tbsp. honey, ½ tsp. finely grated lemon peel, ½ tsp. salt, and ¼ tsp. pepper until blended. Coat 1 lb. chicken tenders with 1 Tbsp. Dijon mustard. Dredge each in cornflake mixture. Place on rack; bake 12 minutes or until chicken is no longer pink in center. Serves 4.

2 CHOCOLATE CLUSTERS In Ig. glass bowl, microwave 2 c. semisweet chocolate chips and ¼ c. peanut butter on High 30 seconds; stir. Repeat until melted. Mix in 2 c. cornflakes, ½ c. crushed potato chips, and ½ c. unsalted peanuts; drop by tablespoonfuls onto cookie sheet lined with waxed paper. Refrigerate until hard. Makes 3½ dozen.

LEMON-BUTTER BROCCOLI In 12-in. skillet, heat 1 inch water to boiling on high. Add 1 lb. broccoli florets; cook 3 minutes or until tender. Drain; sprinkle with 1/6 tsp. salt. In skillet, melt 2 Tbsp. butter on medium. Add 1 c. cornflakes; cook 2 minutes, stirring. Add 1 tsp. grated lemon peel and 1/6 tsp. pepper. Sprinkle over broccoli. Serves 4.

APPLE-PEAR CRISP Preheat oven to 400°F. In buttered 13" by 9" baking dish, toss 3 lbs. apples and pears, peeled and cut into ½-in. chunks; ¼ c. packed brown sugar; ½ tsp. apple pie spice; and ¼ tsp. salt. In bowl, crush 3½ c. cornflakes with 5 Tbsp. butter, ½ c. brown sugar, and ½ tsp. apple pie spice until blended. Sprinkle over fruit. Bake 30 to 35 minutes or until golden brown. Serves 8.

