## goodfood

## 5 ideas for/CORNFLAKES

They're the little black dress of the pantry, fit for any occasion. We've dressed this irresistibly crunchy staple up and down, from elegant desserts to simple suppers. Open a box and give one a whirl.

HONEY-MUSTARD CHICKEN FINGERS Preheat oven to $450^{\circ} \mathrm{F}$. Place wire rack in lg. jelly-roll pan. In pie plate, crush 3 c. cornflakes with 1 Tbsp. honey, $1 / 2$ tsp. finely grated lemon peel, $1 / 2$ tsp. salt, and $1 / 4$ tsp. pepper until blended. Coat 1 lb . chicken tenders with 1 Tbsp. Dijon mustard. Dredge each in cornflake mixture. Place on rack; bake 12 minutes or until chicken is no longer pink in center. Serves 4.

2CHOCOLATE CLUSTERS In lg. glass bowl, microwave 2 c . semisweet chocolate chips and $1 / 4 \mathrm{c}$. peanut butter on High 30 seconds; stir. Repeat until melted. Mix in 2 c . cornflakes, $1 / 2 \mathrm{c}$. crushed potato chips, and $1 / 2 \mathrm{C}$. unsalted peanuts; drop by tablespoonfuls onto cookie sheet lined with waxed paper. Refrigerate until hard. Makes $31 / 2$ dozen.

3LEMON-BUTTER BROCCOLI In 12-in. skillet, heat 1 inch water to boiling on high. Add 1 lb . broccoli florets; cook 3 minutes or until tender. Drain; sprinkle with $1 / 8 \mathrm{tsp}$. salt. In skillet, melt 2 Tbsp. butter on medium. Add 1 c. cornflakes; cook 2 minutes, stirring. Add 1 tsp. grated lemon peel and $1 / 8 \mathrm{tsp}$. pepper. Sprinkle over broccoli. Serves 4.

4APPLE-PEAR CRISP Preheat oven to $400^{\circ} \mathrm{F}$. In buttered $13^{\prime \prime}$ by $9^{\prime \prime}$ baking dish, toss 3 lbs . apples and pears, peeled and cut into $1 / 2-\mathrm{in}$. chunks; $1 / 4$ c. packed brown sugar; $1 / 2$ tsp. apple pie spice; and $1 / 4$ tsp. salt. In bowl, crush $31 / 2 \mathrm{c}$. cornflakes with 5 Tbsp. butter, $1 / 3 \mathrm{c}$. brown sugar, and $1 / 2 \mathrm{tsp}$. apple pie spice until blended. Sprinkle over fruit. Bake 30 to 35 minutes or until golden brown. Serves 8 .

5MINI SALMON CAKES In food processor, pulse 1 lb . skinless salmon fillet, cut up; $11 / 2$ c. cornflakes; 1 tsp.
grated orange peel; 2 Tbsp. cilantro; $1 / 2$ tsp. salt; and $1 / 4 \mathrm{tsp}$. pepper until finely chopped. Form into 9 patties. Cook in $12-\mathrm{in}$. nonstick skillet on medium 9 to 11 minutes or until golden brown, turning once. Combine 1 orange, peeled and diced; 2 Tbsp. chopped cilantro; and $1 / 4$ tsp. each salt and pepper. Serve with cakes. Makes 9 cakes.

