

Ornamental Frosting

Total time 7 minutes

Makes 3 cups

- 1 pkg. (16 oz.)
confectioners' sugar
- 3 Tbsp. meringue
powder
- $\frac{1}{3}$ c. warm water
Assorted food
colorings

1. In bowl, with mixer on medium speed, beat sugar, meringue powder, and water until blended and mixture is very stiff, about 5 minutes.

2. Tint frosting with food colorings as desired; keep surface covered with plastic wrap to prevent drying out. With small spatula or decorating bags with small writing tips, decorate cookies with frosting. (Thin frosting with a little warm water to obtain the right consistency, if needed.)

EACH TABLESPOON About 40 calories, 0 g protein, 10 g carbohydrate, 0 g total fat, 0 g fiber, 0 mg cholesterol, 3 mg sodium.

