

GUACAMOLE

Take two large ripe AVOCADOS, squash them to a paste like consistency. Add one large TOMATO, chopped fine, combine with the avocado. Add a generous portion of MAYONNAISE, mix well. Add, according to your particular taste, LEMON JUICE, GARLIC SALT OR ONION, and a few drops of TABASCO SAUCE. Blend thoroughly. Makes enough dip for a small to medium sized bag of corn chips. If you add the seed it helps to keep the mixture from turning color. If you make it ahead of time spread the mayonnaise on the top like frosting--making an air tight layer--mix in when ready to serve. Guacamole can be frozen (be sure you include the seed in this event) but seems to lose flavor - be prepared to re-season.