



Bowl Game Snack Mix

This recipe gives plain popcorn south-of-the-border sizzle. Taco seasoning mix, peanuts, raisins and pumpkin seeds create a popcorn snack you won't be able to pass up.

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| 10 cups air-popped popcorn | 1 cup peanuts |
| Vegetable cooking spray | 1 cup golden raisins |
| 1 tbsp taco seasoning mix | ½ cup pumpkin seeds, toasted |

1. Remove unpopped kernels from popped corn. Place popped corn in a very large bowl; lightly coat popcorn with cooking spray. Sprinkle popcorn with taco seasoning mix; stir gently to coat. Stir in peanuts, raisins and pumpkin seeds. (*Can be stored in an airtight container at room temperature up to 2 weeks.*)
2. Stir the mixture again before serving. Makes 12 cups.

Nutrition Facts per $\frac{3}{4}$ cup: 128 cal., 7 g total fat (1 g sat. fat), 0 mg chol., 93 mg sodium, 15 g carb., 2 g fiber, 4 g protein.