

Here's what's cooking: Artichoke Nibbles

Recipe from the kitchen of: Cathy DelAlonso

2 jars - 6 oz. each Marinated Artichokes

4 Eggs, 1 sm. onion chopped fine,

1/8 tsp. oregano, 1 sm. clove garlic minced,

1/4 cup fine dry bread crumbs, 1/8 tsp.

taco sauce (2 drops), 1/8 lb.

shredded cheddar cheese,

2 tbs. minced parsley, pinch of salt

Drain Marinated Artichokes

from 1 jar into frying pan,

drain other jar &

discard oil. Chop



all artichokes. Put onion + garlic in pan, saute till limp (5 min). Beat eggs + add crumbs, oregano and all other ingredients. Stir well. Put in 13x9 pyrex dish (greased) evenly. Bake 325° for 30 min. (after about 20 minutes check). It's done when edges are light, brown + firm to touch. Leave in pan till cool. Cut in cubes to serve.

(To serve hot if cooked yourself
of meal, heat and then cut).